

The Epistle to the Ephesians

“United by a Moment”

Eph. 1:3-14 - Part 1

A. The Blessed One--God

- The Greek word translated “Praise” or “blessed” is eulogetos, from which we derive the English word “eulogy”. It means to “speak well of someone.”
- Paul begins verse 3 by saying that God is good. In fact, Jesus says in Matthew 19 that “there is none good but one, that is God” (v. 17). And God is good whether we perceive Him to be or not.
- The Bible records the goodness of God from beginning to end.

B. The Blessor--God

- Ephesians 1:3 says that God “has blessed.”
- James says that “every good and perfect gift is from above, coming down from the Father of the heavenly lights, who does not change like shifting shadows.” (1:17).
- Romans 8:28 says, “And we know that in all things God works for the good of those who love him, to those who have been called according to his purpose.” God is the source of every good thing.

C. The Blessed Ones--Believers

- Ephesians 1:3 says that God “has blessed **us**” (emphasis added). Galatians 3:9 tells us who has been blessed: “So those who have faith are blessed.” Those who have been chosen by God are blessed.
- When we bless God, we speak well of Him. When He blesses us, He does good to us. Our blessing is our praise to Him. His blessing is His deeds to us.

D. The Blessings--Everything Spiritual

- Paul then tell us that we have been blessed “with all spiritual blessings.” The Greek word translated “spiritual” (pneumatikos) in the New Testament always refers to the work of the Holy Spirit. All God's blessings are dispensed to us through the agency of the Holy Spirit.
- We receive all spiritual blessings when we were united to Christ as our Savior. Second Peter says that “His divine power has given to us everything we need for life and godliness” (1:3). There are no missing ingredients.
- Every available spiritual blessing was dispensed to us by the Spirit. The issue for the believer is to use what he has, not to wait for some second work of grace.
- We have been blessed with nothing less than God Himself and an intimate relationship with Him.

E. The Location of Blessing--The Heavenly Places

- The place of our citizenship is "in the heavenly realms" (v. 3) which encompasses the entire supernatural realm of God, His complete domain, the full extent of His divine operation. While it includes heaven, it's not limited to that.
- Philippians 3:20 says plainly, "Our citizenship is in heaven, from which also we look for the Savior, the Lord Jesus Christ." Because we are citizens of heaven, Colossians 3:1-2 says, "Seek those things which are above.... Set your affection on things above, not on things on the earth."
- We are citizens of heaven living in a foreign land.

F. The Agent of Blessing--Christ

- When we became Christians we were placed into a marvelous union with Christ. Because we are one with Jesus Christ, His righteousness is imputed to us and His inheritance is ours.